

NATIONAL AUSTRALIAN
PHARMACY
STUDENTS'
ASSOCIATION





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President's Report

Dear NAPSA members,

Congratulations to all those that have finished exams and placements for the first half of this year. 2020 has been a year that none of us were expecting but the way you as a student body have continued to work is a credit to you all. All of you have had to transition to online learning and have continued to uphold a committed work ethic. Many of you have still had placements or part time jobs that have placed you on the front line during this time which has allowed you to develop skills that cannot be taught in a lecture theatre. There have been many new learning experiences to come out of the COVID-19 pandemic which will in turn allow you all to practice as better pharmacists!

Following the success of the past two NAPSA/SHPA Student Symposiums, we are again holding the Student Symposium. This year the Symposium will take place in two parts. The first is an online resource package which will be released on Friday the 3rd of July, followed by a live virtual session on Friday the 10th of July addressing all your burning questions about hospital pharmacy. The virtual program has been shaped with NAPSA and pharmacist input, to give proactive students who are considering a career in hospital pharmacy an edge. If this interests, you make sure to register for the event here.







President's Report

NAPSA is excited to announce our annual Vampire Cup will begin on August 3rd and will run until the 11th of October. We encourage all students, interns, pharmacists, health professionals (and their family & friends) to roll up their sleeves and begin saving lives.

Blood and plasma donations remain an essential activity, and our donor centres need us more than ever! Whilst the pandemic has affected all our lives in different ways, there are still patients in hospital requiring blood and plasma, and they rely on the continued generosity of the Australian public.



It is with great sadness to say that this will be my last ePlacebo as NAPSA President. I would like to take this opportunity to thank you all as members for joining me on this journey. It has been a fantastic year and I am honoured to have served as your President. However, I certainly could not have done it all without the support and hard work from my Board, the NAPSA Chairs and NAPSA Advisory Council. Thank you for being examples of great young leaders and I cannot wait to see what you will achieve as future pharmacists. I wish all the best to the incoming NAPSA Board and Chairs for the 2020/2021 term. Xoxo NAPSA Love



Erin Cooper National President president@napsa.org.au



SHPA-NAPSA Student Symposium



The Society of Hospital Pharmacists of Australia's marquee annual event for pharmacy students is NEXT WEEK! This year, the SHPA-NAPSA Student Symposium is going virtual and will be delivered in two parts! Find out about entry pathways to hospital pharmacy, landing the perfect job and embedding robust lifelong learning practices into every career stage. SHPA and NAPSA have worked together to develop an exciting program tailored for students.

On Friday the 3rd of July, an online resource package will be released to all registered students:

- -What are hospital departments looking for?
- -Job applications and interview skills
- -Communication skills
- -Intern experiences
- -Overview of the SHPA Residency Program
- -SHPA Resident experiences

On Friday the 10th of July, a virtual session will be held:

- -Overview of hospital pharmacy
- -Rural hospital pharmacy practice
- -Overview of Electronic Medicines Information Training (EMIT)
- -Panel discussion: answering your burning questions about hospital pharmacy

To register for these great resources and virtual session, click here!



Seventh Community Pharmacy Agreement

The Seventh Community Pharmacy Agreement provides certainty and stability for Australia's 5,800 community pharmacies, and ensures the delivery of world class pharmacy services to Australian patients.

For students and early career pharmacists, the Agreement provides confidence that the community pharmacy sector is recognised and valued by Government. The Agreement includes a Commonwealth commitment to ensuring pharmacists are able to practise to the full scope of their training and expertise. It also commits the Government to working with the States and Territories to harmonise vaccination regulation across jurisdictions.

The Agreement is first and foremost of benefit to patients, but it is also very supportive of community pharmacists and the career aspirations of young pharmacists in particular. In the negotiations, both the Guild and the Government were mindful of the ramifications for young pharmacists starting their careers in community pharmacy. I want to thank NAPSA, pharmacy students and early career pharmacists for your support as we worked our way through an arduous year of negotiating.

The Government has also committed to support moves by university pharmacy schools to transition the pharmacy qualification to a Masters degree over time, allowing pharmacy graduates to become Doctors of Pharmacy. This is an important step that will assist Australian pharmacists in terms of parity with pharmacy professionals in comparable countries around the world.

Community Pharmacy Agreements between the Commonwealth and the Pharmacy Guild have been in place since 1990, with their key purpose being to provide for the timely and equitable supply of PBS medicines.



Seventh Community Pharmacy Agreement

The Agreements provide certainty for the Government and for pharmacy small businesses that are tasked with the effective supply of PBS medicines on behalf of taxpayers to the maximum benefit of patients.

Key features of the Agreement include:

- Underpinning the dispensing of more than 200 million subsidised prescriptions each year for Australian patients, dispensing renumeration is increased and indexed.
- Increased investment in regional, rural and remote areas through an increase in the Rural Pharmacy Maintenance Allowance, ensuring patients in regional Australia continue to be well served by a local pharmacy.
- New funding to enhance the Closing the Gap PBS Co-payment measure for Aboriginal and Torres Strait Islander peoples.
- Expanding patient access to Dose Administration Aids
- Maintaining the investment in medication management programs to support older Australians' medication management and adherence
- Recognising the benefits that will flow if the regulations affecting pharmacist vaccination across Australia are harmonised.

George Tambassis
National President
Pharmacy Guild of Australia







My Pharmacy Career and Guild Mentor



My Pharmacy Career is your premium job-seeking platform for all careers and roles within community pharmacy.

Set your career profile today and let My Pharmacy Career start searching for your career opportunities, apply online or simply start searching today for new career opportunities yourself. My Pharmacy Career is an end-to-end recruitment platform designed to help you find careers and exciting roles in community pharmacy.

My Pharmacy Career is a national jobs platform, specific to community pharmacy. Anyone can register to find a new career or job opportunity within community pharmacy.

The My Pharmacy Career App is compatible with Apple and Android phones.





CaSPA's Hospital Pharmacy Webinar

On Tuesday the 9th of June the ACT SHPA branch ran a Q&A webinar which featured hospital pharmacists and interns from Canberra Health Services and Calvary Public Hospital Bruce.

Amazing advice was provided about written applications and the roles and responsibilities of a hospital pharmacist. It was great to hear from pharmacists and current interns about their experiences, tips and tricks for applying! Thank you to those who attended and especially to the ACT SHPA branch for organising the event.

Juliet Contreras

NAPSA Executive Director





Happy 100th Birthday!!

On the 16th of July, William "Bill" Lumley AM, the first-ever NAPSA president, celebrated his 100th birthday!!

Bill served as Victorian Pharmacy Students' Association's first president also, before becoming NAPSA's foundation president when the Victorian and New South Wales associations amalgamated.

Bill is an inspiring man who has dedicated much of his life to supporting the health of the community, including dedicating much of his time to the board of management of the Peninsula Ambulance Service. It was for his great work with the ambulance service that Bill was appointed as a Member of the Order of Australia (AM) in 1991.

NAPSA would once again like to wish Bill a happy birthday and thank him for his hard work and dedication to community health care!





SAPSA's Education Event

SAPSA's very first educational event for this year took place on the 29th of May. It was SAPSA's first collaboration with Daily Learning and the event detailed tips and tricks on how to excel in community pharmacy.

Despite not being able to organise a face-to-face event, there was a big turnout of students and they had roaring questions which added to the learning of every attendee.

The amazing line up of speakers included: Harry, Amy, Nga and June, who all shared their knowledge about the growing pharmacy profession and their overall take-home message was to take every opportunity as it comes!

Thanks to all those who attended and special thanks to our wonderful speakers!

Prabhnisha Kaur Keshminder Singh SAPSA Publications Chair and Marketing Officer











Register now for our CV Writing Workshop to help you #Landthatjob! on 29 July 2020

Ensure you have the best start to you pharmacy career by connecting now at www.psa.org.au/psa-connect

SA570

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At PDL, we have been supporting pharmacists for over 100 years and are still Australia's leading choice for Pharmacists Professional Liabilities Insurance (PI) cover.

We are a not-for-profit in dependent organisation owned by our members and provide funding to education and the pharmacy profession to help sustain pharmacy into the future.

What is PI cover?

WATCH THE VIDEO

Insurance issued by Guild Insurance Limited ABN 55 004 538 863, AFS Licence No. 233791 and subject to terms, conditios and exclusions. Guild Insurance supports PDL through the payment of referral face Places refer to the policy userding and policy schedule for details. Each more information, call 13:00 554 393.



Guild Intern Training Program

GUILD INTERN TRAINING PROGRAM

NOW INCLUDES FREE MMR STAGE ONE TRAINING



WWW.INTERNPHARMACIST.COM.AU



Guild Interns can now access Medication Management Review (MMR) Stage One Training at no extra cost, through an exclusive agreement with the Australian College of Pharmacy.

Valued at \$259, this online course provides interns with an understanding of the important MMR process, improving patient outcomes and helping reduce unnecessary hospital admissions, while learning valuable communication and clinical problem-solving skills.

Find out more at www.internpharmacist.com.au or call 1300 110 161



Guild Student Offer and ECP Resource Hub

JOIN THE GUILD FAMILY



The Pharmacy **Guild of Australia**

The Pharmacy Guild of Australia's Student Offer is open to all pharmacy wstudents until graduation.

The Guild Student Offer gives you:

- FREE entry to The Australian Pharmacy Professional Conference (APP) Trade Exhibition and Welcome Reception on the Gold Coast
- FREE registration to Pharmacy Connect Conference in Sydney
- Important Community Pharmacy Agreement
- Quarterly dedicated student newsletter delivered straight to your inbox - bringing you the most relevant issues and advances in the industry today
- Comprehensive updates on professional pharmacy services
- Exclusive competitions

Early Career Pharmacist Resource Hub

The Guild aims to equip early career pharmacists with the pathways, skills, tools and professional networks needed to be leaders in the primary health care system and owners of communities pharmacies. The ECP Resource Hub is where to find valuable information and resources relevant to you and your stage of career.

Guild resources relevant to you

Complement your university studies and meet your professional development needs with the Pharmacy Guild of Australia.



GUILDED

Access a wide variety of online training courses, GuildEd assists pharmacists, interns and students to meet their professional development and education needs through CPD approved education, the CPD learning plan and online training



PODCASTS

Focusing on pharmacy management and ownership, the PBCN supports the improvement and growth of your business knowledge and performance with insights and advice from a range of industry professionals.



GUILD ITP

Complete your intern training anywhere across Australia with the Guild Intern Training Program (upon graduation).



MENTORING

Are you interested in building skills that help develop your career in community pharmacy? Or perhaps you have a lot of experience that you'd be willing to share. Our mentor platform helps you connect with other professionals around Australia.



NEWS & EVENTS

Receive industry updates and insights relevant to you and your career and attend the Guild's premiere pharmacy industry conferences - Australian Pharmacy Professionals (APP) Conference and Pharmacy Connect Conference.



Rural Spotlight - Rural Queensland

In the June/July break I was able to explore the rural towns of Queensland and had the honour of working in a community pharmacy in both Mt Isa and Karumba. Although both these towns are classified as rural, they were very different in the way pharmacy was utilised and the challenges that faced them.

Mt Isa gave me the opportunity to experience the rush of a mine town, and understand the limitations put on the town due to its distance and demographic. Even though it is a small town, I was able to keep entertained after working hours and on the weekend with social activities such as trivia, or just by having a beer at the local pub. I was also able to take in the natural beauty hiking up the Pamela and Telstra hill.



Karumba opened my eyes to isolation that can be experienced in a rural town. I saw first-hand the constant problem solving, and interdisciplinary collaboration to ensure healthcare is being delivered to the patients of the town. Although I was in an isolated town, the town folk and my colleagues made me feel at home, inviting me to see the famous sunset and for dinner at the Barra park. For a sleepy town, I was definitely kept busy!



Rural Spotlight – Rural Queensland

Overall, I thoroughly enjoyed my placement. I was very fortunate to experience these two different towns as I also got to work side by side with some of the best in the profession and experience more of my own back yard.

Alexandra Bradshaw

James Cook University Pharmacy Student







LocumCo: How to Ace Your Online Interview

As a consequence of Covid-19, LocumCo has noticed a dramatic increase in online interviews. Here are some tips on how to best prepare!

BEFORE:

1. What hardware are you going to use?

Choose the one you are most comfortable with and has the most reliable technology.

2. What location will you choose for the interview?

The ideal scenario for your interview location is a secluded room in which you can shut out distractions (and noises), control the lighting, and display a generic background. If possible choose a location in which you can be seen on camera from about the waist up.

3. Test, test, test the technology

Test your connection, test your camera, test your lighting, test your sound and test the video program. Make sure that you understand how everything works and then when comfortable that you are across it all, test one more time just before the interview.

4. Can you call a friend?

Try and schedule a trial interview with a friend or family member and ask them for constructive feedback on how you look and sound.

5. What if there's a stuff up?

Always have a backup plan if something goes wrong on the day of the interview. You can always switch to a phone call if you have technology or network issues.

6. Have you done your homework?

Make sure you have done your research on the pharmacy, if they are part of a banner group or independent. What do they stand for? Prepare some responses to expected questions!



LocumCo: How to Ace Your Online Interview

ON THE DAY:

- Have you tested the equipment?
 Do a run through prior to the scheduled interview
- 2. What have you selected to wear?

 Remember don't choose something too "out there".
- 3. Is your phone turned off?

Remember to turn off all apps and programs that might interrupt the interview. Silence your phone. Make sure you are seated and ready 10 minutes before the interview to collect your thoughts.

4. Do you know what nonverbals are?

Make solid eye contact and smile at appropriate times. Have good posture and even lean in a bit. You may be inclined to look at the monitor or yourself, but focus on making eye contact with the interviewer via the camera.

5. Is it ok to have notes?

Unlike face to face interviews, you can have some notes in front of you (off camera) to remind you of critical issues you want to highlight. Do not overuse them as this will become obvious.

6. What should I be aware of when answering questions?

When responding to questions from the interviewer, nod, but take a second before responding in case the connection causes a lag so you don't end up talking over the interviewer.

AFTER:

1. What should I do as a follow up?

Just like with other interviews, it is good practise to follow up with a thank you note to the interviewer.

LocumCo





GuildEd assists pharmacists, interns and students meet their professional development and education needs through CPD approved education, the CPD learning plan and online training options. Recent courses include;

Misuse of prescription medicines free education

The misuse of prescription medicines such as opioids and benzodiazepines is an increasing health problem in Australia. It's a difficult issue to tackle as a pharmacist. Many people begin using these medicines to treat their pain or mental health issues, but are then susceptible to harm and dependence. Finding the balance on how to manage these complex health issues while minimising the risk of harm to the patient can be a challenge.

A new course discussing this difficult issue titled *Medicines misuse:* Lessons from the coroner is now available on GuildEd.

The course is based around a New South Wales coronial inquest into the deaths of three patients from prescription medicine misuse. In each case, we look at actions that may have minimised the risk of harm to the patient. The online module provides practical advice on interprofessional collaboration and partnering with patients to ensure the safe use of high risk medicines.



The PBCN Podcast

Focusing on pharmacy management and ownership, the PBCN supports the improvement and growth of your business performance and career progression with insights and advice from a range of industry professionals.

Podcast in Focus Episode 47: Mental Health and Workplace

Wellbeing with Kay Dunkley and Helen Lowy

Community Pharmacy is an engaging and rewarding industry to be a part of. On the other hand, however, it can at times be challenging and overwhelming. Workplace stress is a common experience for pharmacists and pharmacy staff, and it can present in many ways and over different periods of time.

The industry has harboured a long-held notion that working long and stressful hours, under high prescription numbers, and constant patient queries are par for the course, and this can often lead to cultures of stress and burnout within the profession.

The recent outbreak of COVID-19 certainly hasn't made any improvements in this environment and many pharmacies are now coping with the stressors of customer abuse, business continuity plans, and keeping up with ever-changing guidelines. It is a timely opportunity to get the conversation rolling on workplace wellbeing and mental health in Community Pharmacy.

In this episode, we speak with Kay Dunkley, a registered pharmacist and current Executive Officer of Pharmacists Support Services. We also chat with Helen Lowy, registered pharmacist and counsellor. Click on the image for more!





IPSF Beyond! Health Hack



In collaboration with the International Pharmaceutical Students' Federation's (IPSF) and the International Federation of Medical Students' Associations (IFMSA), Beyond! Health Hack will bring pharmaceutical and medical students together from more than 18 countries to create a future where the preventable burden of influenza is a thing of the past.

Over the course of two days, participants will be briefed on a series of 'real-world challenges' that stand in the way of influenza vaccine uptake, with student teams brainstorming unique solutions from scratch on an interactive online platform. Solutions can come in all forms, from individual level, such as social media campaigns, to system level changes in healthcare administration.

This event is supported by Sanofi. It will be run via a robust gated platform — only accessible by registered attendees and provide meaningful interactions and networking opportunities. The hackathon will be an immersive virtual experience, offering students the opportunity to collaborate, ideate, solve real problems while being mentored by experts from the fields of infectious diseases, vaccines, public health and life sciences. Each winning team member will be provided a professional training opportunity to master presentation and negotiation skills to effectively succeed in their careers.



IPSF Beyond! Health Hack

Registration Steps:

Follow these simple steps to complete your 'Beyond! Health Hack' registration:

- 1. Fill in the registration form:
 - International Pharmaceutical Students'
 Federation: https://www.tinyurl.com/beyondipsf

Please attach the Contact Person Confirmation Letter (CPCL) obtained from your respective society to verify your membership status. If you are signing-up in groups of 2-3, please ensure the CPCLs of all members are attached. NAPSA's Contact person is Ella Crust (ella.crust@gmail.com)

- 2. You will receive the letter of acknowledgement
 - Upon receiving your application, the Health Hack Registration Team will send a letter of acknowledgement within 7 working days.
- 3. You will receive the result of your 'Beyond! Health Hack' application via email
 - Participants will receive the result of application by 24 July (Friday)
- 4. You are officially part of 'Beyond! Health Hack'
 - If you have any queries, you may contact for administrative support
 - Stay updated on our social media pages!
 - Facebook
 - Instagram





Ultimate QLD Trivia

At the start of the year, before COVID hit, we were able to hold a joint networking night with all Southeast Queensland pharmacy schools (GUAPS, QUTPSA, QPSA). We did feel there was a missing aspect to the night and soon identified what it was! With the Ultimate Queensland Trivia, we were joined by JCUPSA, thus making it a true, intra-QLD event. It was offered to all four pharmacy schools in Queensland and to our surprise and delight, we were also joined by a few interstate players!

The night ran smoothly with a strong competitive nature helping drive the event and keeping it exciting the whole way through. The competitiveness of the teams, however, was sure not to dishearten anyone from getting involved. Over the four teams, we had great involvement and even better costumes, a true must see! For those who missed out, you will just have to wait until next time as I am sure everyone will be dressed to impress.

To meet the tribulations of COVID restrictions head on, we moved online. Thanks to the amazing efforts of all of the Trivia Masters (selfless volunteers from each university), the night ran smoothly with limited bias, or so I have been led to believe! Our MC was none other than QPSA President, Eilis' Rigby, who managed to keep all of us giggling.





Ultimate QLD Trivia

The night was organised with a team effort and it really shows the lengths that we can achieve, even with such location adversities! To finish the night off, we even had a little Meet the Presidents round and let me tell you, we have some impressive representatives on the Advisory Council. Did you know that James Yang (QUTSPA Present) had a goat named Buttercup and that Breannan Busetti has had a hand in fostering two children?

Together we achieved a joyous night of networking and, I feel I must say it, learning. With random facts and students from all over, this night has helped bring us together once more. On behalf of all four QLD Presidents, we look forward to organising more joint events in the future and offering the opportunity to create networks that will last long into the future.

Joshua Clements GUAPS President





Smith & Nephew Webinar

On Wednesday the 24th of June, NAPSA members attended a Zoom webinar on all things wound care brought to us by Smith & Nephew. Pharmacy students across the country dialled in to learn or refresh their wound care skills!

Covering all things wound physiology, referral points, pertinent questions to ask patients and a full rundown on the available Smith & Nephew products, it was a valuable session for all those who attended.

Thanks again to all those that attended and our fabulous speaker Sarah, from Smith & Nephew!

Ethan Kreutzer

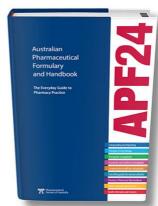
NAPSA Publications Chair





PSA Student Membership





DISCOUNT on essential reference text for your pharmacy studies

Become a FREE Pharmaceutical Society of Australia (PSA) student member and as an added bonus receive a \$130 discount off the APF24.

APF24 is an essential resource to aid your studies and assist in preparation for exams and professional practice. It covers a vast range of topics to support your studies, such as counselling, extemporaneous dispensing, cautionary advisory labels, complementary medicines, wound care and more.

Become a FREE PSA student membership and order your APF24 at www.psa.org.au

Want even more from your APF? APF is now available in digital.

With the digital version of APF, all the essential information you need to further your skills is at your fingertips. It is accessible on all mobile devices, with the advanced search and bookmarking tools making it easier than ever to find the information you require.

Some more great benefits for PSA student members include:

- Online access to Australian Pharmacist, the most closely read pharmacy journal in Australia.
- Invitations to regular PSA events, seminars and workshops in metro and rural locations throughout the country. Many of them are either free or offer exclusive discounts to PSA student members.
- Exclusive opportunity to compete against your peers nationally for the coveted annual title of Pharmacy Student of the Year (PSOTY).
- Gain access to quality, accredited pharmacist education materials to assist you in your studies.
- Receive support and be inspired by leading pharmacists to develop confidence, a professional network and get your career started on the right track.

APF24 – the best health information at your fingertips



PSA Upcoming Events

For more information on any of the PSA's Upcoming Events check out their website - https://www.psa.org.au/networking-events/all-events/

July 2020

Australian Capital Territory

29 CV Writing Workshop Webinar - Canberra

Queensland

29 CV Writing Workshop Webinar – Queensland

New South Wales

- 21 Mental Health First Aid Workshop 1 Narooma
- 22 Mental Health First Aid Workshop 2 Narooma
- 28 Mental Health First Aid Workshop 1 Eden
- 29 Mental Health First Aid Workshop 2 Eden
- 29 CV Writing Workshop Webinar NSW

Northern Territory

29 CV Writing Workshop Webinar - Northern Territory

South Australia

- 28 Mental Health First Aid Workshop 1 Kangaroo Island
- 29 Mental Health First Aid Workshop 2 Kangaroo Island
- 29 CV Writing Workshop Webinar South Australia

Tasmania

29 CV Writing Workshop Webinar – Tasmania

Victoria

- 14 Victorian Opioid Pharmacotherapy Program Part 2 Webinar
- 21 Mental Health First Aid Workshop 1 Mallacoota
- 22 Mental Health First Aid Workshop 2 Mallacoota
- 29 CV Writing Workshop Webinar Victoria



PSA Upcoming Events

Western Australia

29 CV Writing Workshop Webinar – Western Australia

August 2020

Australian Capital Territory

29 Immunisation Practical Workshop - Deakin

Queensland

22 Mental Health First Aid – Workshop 1 – Mareeba

23 Mental Health First Aid – Workshop 2 – Mareeba

New South Wales

04 Mental Health First Aid – Workshop 1 – Muswellbrook/Singleton

05 Mental Health First Aid – Workshop 2 – Muswellbrook/Singleton

11 Mental Health First Aid – Workshop 1 – Cootamundra/Murrumbidgee Region

12 Mental Health First Aid – Workshop 2 – Cootamundra/Murrumbidgee Region

22 Mental Health First Aid – Workshop 1 – Lake Conjola

23 Mental Health First Aid – Workshop 2 – Lake Conjola

South Australia

29 Mental Health First Aid – Workshop 1 – Keilira

30 Mental Health First Aid – Workshop 2 – Keilira

Victoria

04 Mental Health First Aid – Workshop 1 – East Gippsland

05 Mental Health First Aid - Workshop 2 - East Gippsland

16 Victorian Opioid Pharmacotherapy Program Part 1 – Webinar

29 Mental Health First Aid - Workshop 1 - Lakes Entrance

30 Mental Health First Aid – Workshop 2 – Lakes Entrance

